

ပညာပို့ PHRU PWGO



ကညီကိုယရ်လုံးတွကစိုးမှု့, ၂၃၆၃

KAREN TEACHER NEWSLETTER: May, 2024

ပယူပပို့ကမ်းတံ့သဖ်

PHRU PWGO COMMITTEES



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Acknowledgement

This newsletter is made possible through Myanmar Education Consortium (MEC) with the generous support of the Foreign, Commonwealth & Development Office (FCDO), Department of Foreign Affairs and Trade (DFAT), the Ministry for Foreign Affairs of Finland, and the American people through the United States Agency for International Development (USAID). The contents of this newsletter are the responsibility of the Karen Teacher Working Group (KTWG) and do not necessarily reflect the views of MEC, FCDO, DFAT, the Ministry for Foreign Affairs of Finland, USAID, or the United State Government.

တော်ဒုးသုံးကြုံညီ

ကည်းကုသရှိမှာသက်းတ်ကရှုံး လိုတ်ကစို့ယူလီတေသနအောင်တော်ခါ်စွဲမေစ်အောင်၊ ကိုပယီတ်ကုံးသုံးပျောမှု၊ သက်းတ်ကရှုံးကုရံ (MEC) ခီယံ့တိရိုက်းဂို့၊ ထံမိကို့ဖိတ်ရို့တို့ပသီတို့ဘို့၊ (FCDO) ထံရို့ကို့ဂို့ပုံးရို့ရှုံး၊ ကျို့ (DFAT)，ကိုပုံးလန်ထံရို့ကို့ဂို့၊ ပုံးရို့ဝို့ဘို့၊ အမဲရက်ထံမိကို့ဖို့ကမျှေးခီယံ့သီမှုစာဖို့တို့အောင်စံးကရာ၊ လာဟံ့သုံးအောင်မျှုံးတ်ရို့အောင်၊ တ်ရို့တ်ကုံးလီလိုတ်တုံးတ်အောင်၊ သုံးတ်အောင်မျှုံးတ်အောင်၊ ကည်းကုသရှိမှာသက်းတ်ကရှုံး မေစ်အောင်သုံးတ်အောင်နှင့်လို့၊ တမ္မး MEC, FCDO, DFAT ကိုပုံးလန်ထံရို့ကို့ဂို့ပုံးရို့ဘို့၊ (USAID) မှ တမ္မး သီမှုစာဖို့တ်ပဒ်ပို့အတ်ထံ့တ်တော်ကုံးရှုံး ဒီးအတ်ဖုံးတ်မှသုံးတ်အောင်၊

ကိုယ်တံ့သွေ

- တရာ့ဝန်ကိုယ်တံ့သွေရန်တရာ့သို့လိုပါလျှင်ကိုယ်အမူး - (၄)
- ကည်းကြော်သူဆဲးလေတဲ့ကျိုးခီးကည်းကြော်ရန်မသကိုတရာ့ကျိုးစားပါဖို့မသကိုတရာ့ပေါ်ပေါ်လျှင်အို့ဖို့ - (၆)
- ၂၂၄ နံပါတ်ကြော်ရန်တရာ့သို့လိုပါလျှင်ကိုယ်တံ့သွေအားထိန်းတော်အုပ်ချုပ်လျှင်ကိုယ်တံ့သွေဘုရားရှင်းနှင့် - (၆)
- ဒုသထူးကြော်ရန်ဘဲလျှင်ခေါ်အမူး ကည်းယူဟဲးလီတရာ့ကိုတရာ့သို့ထိန်းတော်အုပ်ချုပ်ဘုရားရှင်း - (၆)
- ကိုယ်တံ့သွေကြော်ရန်ပါယ်တရာ့မှုပါ ကည်းယူဟဲးလီတရာ့ကိုတရာ့သို့ထိန်းတော်အုပ်ချုပ်ဘုရားရှင်း - (၈)
- တရာ့ကြော်ဘဲကြော်သူလေအားထိန်းလေတရာ့ချို့ကိုအဖို့လုပ် - တရာ့မောင်ဘဲအားထိန်းတော်အုပ်ချုပ်ဘုရားရှင်းအားယော်လေအားထိန်းလေတရာ့အုပ်ချုပ်ဘုရားရှင်း - (၈)

ထံရေးကိုယ်တံ့သွေကြော်သူ

- တရာ့ဟူးကိုဟူးဘါယ့်မေလိုက်ဖို့တဖို့လေအားယော်ကြော်အကလုပ်ကလုပ်တဖို့ - (၁၀)

တရာ့ကိုယ်တံ့သွေ

- တရာ့တရာ့ဝန်သကိုဒီးဒီးတရာ့ဟူးနှင့်ဘာ့သူ့ယူယော်ယူယော်တရာ့အမူး တရာ့ကြော်တရာ့ - (၁၂)
- တရာ့ဟူးနှင့်လိုက်တို့တို့အေးအတရာ့ပီးတရာ့လီဆူကိုတဖို့ - (၁၄)
- သာလိုတာဘူး ကိုစိတ်မေလိုလေ ကည်းကြော်ရန်ဟဲ့ပေါ်အို့တရာ့အော် - (၁၅)

ထူရေးစွဲ

- တရာ့တရာ့ဖို့တရာ့ဘာ့တွဲခဲ့လိုက်တဖို့အဂ္ဂံ့ - တရာ့ရှုလိုပါပျော်ဖို့တို့မယ်လေအကလုပ်အတ်ကိုတရာ့အတ်အားယော်တရာ့အတ် - (၁၆)

အဲးအေးထားအတ်ကွဲး

- ကိုယ်ရန် မှုံးကိုစိုးထံ့လေ ထံကိုတရာ့အို့ထိန်းထိန်းအကို့ - (၁၈)
- ကိုယ်ရန်အတ်အို့မှုံးအို့ပေါ် မှုံးတရာ့အရှုံးပို့တော်တရာ့ကြော်သူအမူး - (၂၀)

ကိုယ်ရန်တရာ့ကြော်သူကြော်သူ - (၂၂၊ ၂၄)

- တရာ့လေအထူးနှင့်ကျဲ့သရော်လေအဂ္ဂံးတက်နှင့် မှုံးမန္တသွေ့တဖို့လဲ့ပေါ်

ကိုယ်အို့ဆူ့အို့ဆူ့ - (၂၆၊ ၂၇)

ကိုယ်ရန်အကလုပ် - (၂၈၊ ၂၉)

ထိအသနာ် - (၃၀)

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School News

Graduation Ceremony of Karen Teacher Training College

Since the Military coup started in 2021, the local people have been facing many obstacles such as air strikes, bombings, mortar shelling, inflation, travel restrictions, difficulties in livelihood, unemployment, and children and youth are unable to have easy access to education. However, even though how much we have been facing oppression and challenges, we have observed that our people are extremely resistant and determined to work for the education sector even in conflict times, and emergencies have been in effect for years.

Despite the obstacles, the numbers of students and teachers continuously increased compared to earlier years. For the 2023-2024 academic year, we have 152 graduated teachers (Female-112 and Male-40) from both the southern and Northern parts of Karen State.

The graduation ceremony was held with the local community leaders from districts, townships, the Karen culture department, the village tract leaders, and the leaders from the central level. They attended the event to encourage our new graduates to return to their respective communities to fulfill the needs of their community as school teachers.

At the event, the students received graduation certificates as well as students with distinction in a 2-year learning period received outstanding awards. During the ceremony, the outstanding students who received awards were also honored by the local community leaders.



Voices of the graduates....



“

Naw Martu Ra Paw (Doo Pla Ya District)

At the beginning of attending this college, I thought that teaching was an easy job but, after learning the details of teacher tasks and duties, I started to realize that teaching is not an easy job. A qualified teacher must

have many qualifications such as critical thinking, management, and preparation, time management, interpersonal skills, discipline, patience, and building good relationships between parents and students, students and teachers, and teachers and parents. I came to join this college as I was very attracted to the teaching profession. Now I am a graduate, I will return to my community and contribute to a community school as required.”



“

Naw Eh Nay Say (Doo Pla Ya District)

Now I have already graduated from this College, I will return home and help in community school as needed and the abilities I have to motivate children to be in love with learning.

Since November 2023, after the Burmese Military came to check our area for potential attacks, our students and teachers had to run and reallocate to a safer area. In the area where we reallocated, there was so much rain, no electricity, and no appropriate shelter so if there was rain, it was problematic for us. So, I was so tired, missed my home, and was afraid that I was not able to meet with my parents again. However, the encouragement and guidance we received from our tutors have encouraged us to become strengthened and lessons learned. Despite many obstacles we have been facing in reallocation, we do not need to be distressed, we will continue working hard for our Karen Education sector development and support the needs of our Karen communities”.

”



School News

Representatives from the Karen Culture Department and KTWG participated in the Ethnic Education conference

From 20th February to 22nd, the ethnic education conference was held in Bangkok. The conference was beneficial for the Karen Education sector to build communication channels and network members with other ethnic group members. This program showed mutual respect among the ethnic groups by learning about the differences in ethnic identity, cultures, and traditions. Furthermore, it is also beneficial for us to share our work, experiences, and solutions to the challenges faced by education programs.

During the conference, each representative from the Karen Education and Culture Department and KTWG was able to collaboratively take responsibility for the program arranged for the event. During the conference, the research's findings on the Karen Education program as a higher education program activity, and the Karen Teacher professional development were presented in the conference.

The total number of representative participants from the KECD and KTWG in this ethnic education conference was 8 persons. The conference was arranged and sponsored by the funders who already supported the ethnic education project. International guests, INGOs, and education professional guests also participated in the meeting.



A New one of Karen Teacher Training College was established in the Taungoo district as it is a requirement in the local area in 2024.

To open a new college, a discussion was held with the leaders from the districts, townships, the Karen culture department, and the Karen Teacher Working Group. We have a total of 123331 students and a total of 9033 community teachers in the education year 2023-2024. Due to the number of students increasing, the requirement for teachers is getting higher so the leaders from townships, and districts requested to build a College for the students in the Taungoo district to recruit well-trained teachers as necessary in the local area.

Thus, as a result of the ongoing conflict, there are challenges such as the longer distance, and higher expenses so the teachers from Kler Lwee Htoo and Taungoo districts were not able to go to the two existing Colleges from the southern and the northern part of Karen State. Furthermore, the number of students largely increased, and it was fully occupied to accommodate all the students simultaneously. Therefore, the leaders took special consideration for the local people and conducted a discussion on how they were going to address

this issue. The discussion included building the infrastructure and looking for funding opportunities in order to run the administration of this college properly. Additionally, the local leaders have been working hard to look for funding opportunities in many different ways. They found that there were a few donors who provided support for education projects. But it was not still adequate for the three Karen Teacher Colleges yet.

Furthermore, our leaders also prepared and looked for the tutors who would be teaching at this college. Therefore, the Karen teachers will have the opportunity to attend the Karen Teacher Training College in the 2024-2025 education year. The College was built in the Taungoo district near Kler Lwee Htoo district. The local young people from Taungoo district will be able to have access to this college and then they will go back to their respective communities and help their community schools after graduation. Currently, the Karen Education Department has three Teacher Training Colleges. Even though how much we have been facing oppression and challenges, after we review our education sector, we can see that our education sector has improved a lot. This improvement has been done in collaboration with the active participation of the central, district, township, and local level leaders.

Air strikes damaged the school buildings in Belin Township from Doo Tha Htoo District

Doo Tha Htoo (Thaton) District in Belin Township, on March 23rd, 2023 at night time, due to the State Administration Council (SAC) fighter jets dropping bombs in Haw Poe Pler village. One villager got injuries and 17 buildings were damaged including the three school buildings.

This air strike and indiscriminate shelling of Haw Poe Pler village at night time damaged our middle school buildings including the houses. Thus, one villager got injured in his right hand.

The air strikes dropped the bombs on our school compound and the villages and the explosion affected all the buildings. The air strikes damaged 3 school buildings, 11 houses, 2 monastery buildings, and 1 sesame oil machine building and the total building was 17. All the buildings were destroyed completely. Due to this indiscriminate shelling and bombing, the villagers were afraid to stay in the village and fled from their villages to safer places. Even after the incident, most of the villagers did not dare to go back to their villages because they were worried that the jets would drop bombs again in the village.



Photo credit: KNU fb page

ကိုယ်ကစ်ခု

ကိုယ်ကလုပ်ဒုတိယဉ်သုတေသနမှုပါယ်

မဲလီဖြူ။အာရုံ၊ (၂၂)သီတွေလီအာရုံ၊ (၃)သီ၊ ၂၂၂၄နံပါန့်ဘာ။ တော်လီအာရုံမှတ်၏ "တော်ယုတေသနသုတေသန" ဘာသုသိပ္ပါယ်အာရုံမှတ်၏ တော်ယုတေသနသုတေသနမှတ်၏ နှင့် (၁) (Myanmar ethnic education integrated research program Module 1) ဗိုလ်ကျေးမူ၊ (Chiang Mai University)နှင့်လီ။ တော်ယုတေသနအောင် ဘာသုသိပ္ပါယ်ကျေးမူ၊ ဒီဇင်ဘာ။ လာအမှု၏ တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်အာရုံမှတ်၏ တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ နှင့်တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ အမှတ်အသွေးပေါင်း။ နှင့်တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ နှင့်တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ အမှတ်အသွေးပေါင်း။

1. Introduction to scientific inquiries.
2. Introduction to scientific perspective
3. Introduction to research methodology and
4. Research questions and tools development

တော်ယုတေသနတော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနတော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးမှတ်၏ ဘာသုသိပ္ပါယ်၏ အမှတ်အသွေးပေါင်း။



မှတ်ယုတေသနရုံး တော်ယုတေသနသုတေသနမှုပါယ်၏ ပြည်သူ့သင်တော်ယုတေသန၏ အမှတ်အသွေးပေါင်း။



မှတ်ယုတေသနရုံး တော်ယုတေသနသုတေသနမှုပါယ်၏ ပြည်သူ့သင်တော်ယုတေသန၏ အမှတ်အသွေးပေါင်း။

တော်ယုတေသနရုံးလောက်တော်ယုတေသနမှုပါယ်၏ ပြည်သူ့သင်တော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။

လောက်ယူအာရုံမှတ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးလောက်တော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးလောက်တော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။ တော်ယုတေသနရုံးလောက်တော်ယုတေသနမှုပါယ်၏ အမှတ်အသွေးပေါင်း။

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School News

Myanmar ethnic education integrated research workshop in Chiang Mai

From 25th February to 8th March, Myanmar Ethnic Education Integrated Research Module 1 training was held in Chiang Mai. The training was organized and led by the funders who supported the ethnic education program. Among ethnic representatives, 4 persons from the Karen Culture Department and Karen Teacher working group had the opportunity to attend this event. The workshop topics are as follows.

1. Introduction to scientific inquiries.
2. Introduction to scientific perspective
3. Introduction to research methodology and
4. Research questions and tools development

The workshop was co-facilitated by the Regional Center for Social Science and Sustainable Development, Chiang Mai University, and The Inclusive Education Foundation. After the 2 weeks of training, we were able to conduct a field visit to the Thai government schools and learned about the research methodology by interviewing the principals, and the teachers from the hosted schools.



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Education Under Siege: Impact of Human Rights Violations on Learning in Kawthoolei Administrative Areas

In a recent update from the KNU-Karen National Union Information Release Center, it has been revealed that the Myanmar military junta has perpetrated egregious human rights violations within the Kawthoolei administrative areas during 2023.

Reports indicate a distressing pattern of brutality and disregard for human life by the Myanmar military junta forces. Tragically, these violations have resulted in the loss of 195 innocent civilian lives. Furthermore, the impact extends far beyond the loss of life. A staggering 661 civilians have been injured, marking a deep humanitarian crisis. In addition to the toll on human lives, the junta's actions have left a trail of destruction in their wake.

Among the targets of destruction are 18 churches, 25 monasteries, 1 mosque, 16 schools, 2 clinics, 5 hospitals, 91 public buildings, 11 farms, and a staggering 1869 houses. These figures paint a stark picture of the scale of devastation inflicted upon the communities in the Kawthoolei administrative areas. The deliberate targeting of religious and educational institutions, along with civilian infrastructure, highlights a blatant disregard for fundamental human rights and the principles of decency.



International Education

Empowering Multilingual Learners: MTB-MLE Best Practices in Bolivia

Bolivia, a nation rich in cultural and linguistic diversity, has emerged as a leader in implementing Mother Tongue-Based Multilingual Education (MTB-MLE). This approach recognizes the importance of a child's first language (L1) as the foundation for learning and academic success. Here, we explore best practices of MTB-MLE in Bolivia, highlighting its impact on student achievement and cultural preservation.

Building on a Strong Foundation:

One of Bolivia's key strengths is its recognition of indigenous languages. The country boasts 36 official languages, including Spanish, Quechua, Aymara, and several others spoken by indigenous communities. MTB-MLE prioritizes initial literacy development in the L1, ensuring students grasp fundamental concepts before transitioning to additional languages. This fosters a strong cognitive foundation and boosts confidence in learners.

Teacher Training and Community Engagement:

Effective MTB-MLE implementation requires well-trained teachers. Bolivia has invested heavily in equipping educators with the necessary skills and resources. Teacher training programs focus on L1 pedagogy, developing culturally appropriate learning materials, and fostering inclusive classroom environments. Additionally, MTB-MLE programs actively engage with communities. Parents and community leaders are involved in curriculum development, ensuring lessons resonate with students' cultural backgrounds. This collaborative approach strengthens the program's effectiveness and promotes community ownership.

Adapting to Bolivia's Context:

Bolivia's MTB-MLE approach is not a one-size-fits-all model. The program acknowledges the unique needs of each region and indigenous community. Learning materials are adapted to reflect local contexts, incorporating traditional knowledge and practices. This fosters a sense of cultural identity and pride among students.



Leveraging Technology:

Technology plays a growing role in enhancing MTB-MLE programs in Bolivia. Educational apps and digital resources are being developed in indigenous languages. These tools cater to diverse learning styles and provide additional support to students.

Challenges and the Road Ahead:

Despite its successes, MTB-MLE in Bolivia faces challenges. A lack of resources in some remote areas can hinder program implementation. Additionally, ensuring high-quality teacher training across the entire country requires ongoing efforts.

Looking ahead, Bolivia's commitment to MTB-MLE offers valuable lessons for other multilingual nations. By prioritizing students' first languages, fostering cultural sensitivity, and adapting to local contexts, Bolivia is paving the way for a more inclusive and equitable education system. Here are some key takeaways:

- Prioritize the L1:** Building literacy skills in the first language is crucial for academic success and cognitive development.
- Invest in Teacher Training:** Equipping educators with the necessary skills and resources is essential for effective MTB-MLE implementation.
- Engage Communities:** Collaboration with parents, community leaders, and cultural experts strengthens the program's effectiveness and fosters community ownership.
- Adapt to Local Contexts:** MTB-MLE programs should be flexible and responsive to the unique needs of each region and indigenous community.
- Embrace Technology:** Utilizing technology in indigenous languages can enhance learning experiences and provide additional support to students.

As Bolivia continues to refine its MTB-MLE approach, it serves as a model for other countries striving to empower multilingual learners and celebrate cultural diversity within their education systems.



Focus Story

Learning and exchange workshop on education program (Education Sensitisation event)

Karen Education Department and Karen Teacher Working Group collaborate with the Karen community schools from the Kawthoolei area under the supervision of the Karen Education Department. Every year, an education sensitisation event is held with the participation of local leaders, community members, parents, teachers, and students.

Knowledge exchanges and identification of our education goal

The aim of holding this event is for our teachers, students, local community members, and local leaders to have more understanding on modern education program, valuing education, understanding the advantages of using the mother language, and providing awareness in the community on how they can support the education program.

When is the event held?

This education sensitisation event is held every year to provide awareness for local community member to come to celebrate the event to have more understanding on education program and how they can preserve our Karen cultures and traditions. The event is usually held in November, December, and January and is held only in one day. During the day event, the agenda was divided into two parts: daytime activities and nighttime activities. In the 2023-2024 academic years, the event was organized in 14 places in the Kawthoolei area with the public, students, teachers, and school committees. The total number of participants was 5305 in this event.

What do we discuss?

The agenda includes encouraging speeches of the leaders, group discussion, role play and competition on culture and tradition, sports, random talk, debates and Karen dances, and awareness sessions of the modernized education program. The program mainly presents about three main topics for the education program.

1. Current situation on education program
2. Karen Educational structures, and
3. Education and mother language.



Purposes and advantages of the event

- The activities are performances and competitions on culture and traditions and the aims are to promote culture preservation for our future generations. The performance that was shown in the event was Karen traditional dances, the traditional livelihood of indigenous people, and the tools used for livelihoods such as handicraft weaving, wool spinning machines, and other materials.
- The sports competition is to build relationships and trust between the students and community members to come together for unity for the future development of education sectors.
- Random talks and debates are held for the students to build their self-confidence and be able to have courage in public speaking and critical thinking and it is to create opportunities for students to be able to seek knowledge in their future development.

The event benefited local community members to unite for the village's development, build trust among each other, strengthen the network among each school, and conduct more discussions for future collaboration. It is also beneficial for parents and school committees to help support education, strengthen the relationship between students and teachers, and provide suggestions, providing awareness on mother language, students' safety, local mine risk education awareness, and the school's needs. The local community members and the students will be learning more about the treasured Karen culture and tradition for promoting and preserving for the future generation.



Focus Story

Providing Early Care Childhood Development Classroom Materials to schools

Since Early Childhood Care and Development (ECCD) is now registered under KECD-Basic Education, a decision has been made to provide ECCD classroom materials to support early learners. The ECCD classroom materials grant, received from Rural Indigenous Sustainable Education (RISE), aims to provide 4474 learners with age-appropriate materials and activities that stimulate their cognitive, social, and emotional development. These materials include drawing kits, play kits, early childhood reading materials, and numeracy kits, all designed to prepare children for a smooth transition into formal schooling. Additionally, the activities ensure that the materials are inclusive, child-friendly, and accessible to children with diverse abilities, backgrounds, and learning styles.



Strengthening MTT capacity development by quarterly workshop

To enhance the capacity of mobile teacher trainers (MTTs) in the Karen Education sector, a series of quarterly workshops have been conducted from January 15th to the February 29th at the MTT training center. The workshop covered two main activities:

The first section focus on:

- Reviewing program activities (lesson and best practices)
- Preparation for the upcoming activity cycle (planning and preparation)

The second session was Professional Development Training, focused on:

- Training module (2): Know -how to teach
- Training module (6): Professional values and dispositions of a Karen teacher
- Better learning program
- Mother Tongue-Based Multilingual Education (MTB-MLE) program
- School Improvement Plan training
- Data collection training for data collectors
- Office management training

After reviewing the work and conducting capacity-building training, the mobile team prepared their lesson plan and teaching materials, which will be used for the teaching training in their respective areas. A total of 72 mobile teacher trainers, including inservice program leaders across the 7 districts in the Kawthoolei area, are involved. The mobile teacher trainers are dedicated to their communities and the education sector, supporting and sharing their profession and skills with local teachers who will contribute to the development of the Karen Education sector and the qualification of the children.



The teachers are the foundation of national development.

In this modern era, each country has been struggling for its national development. The main key to the country's success is education and this education comes from the teachers. Therefore, the whole world values the teachers and they recognize and celebrate the world's teacher day to honor teachers from around the world every year.

When we look at the teachers, we can see clearly that they are the spinal cord of every race. Without having teachers in our lives, being an ethnic group will not be recognized by the whole world. The teachers are the ones who present the country's history and culture to our Karen people to have opportunities to learn and understand more about our history and culture.

Every country has been struggling to be part of globalization to enhance their education standards. There will be differences in teaching strategies and approaches based on the area and conditions. There will be some areas full of modern teaching materials, and some areas remain with only one blackboard available to use. However, all the teachers are mindful of the love and dedication that they contribute to the children who will have access to learning.

Education plays a vital role in our lives for making progress of a living. However, modern technology in teaching has changed so fast that made our young people's lives too complex to keep learning. Nevertheless, to be involved in community work, our students have to fulfill the required skills through learning from the teachers. These are the perseverance love sacrifices and the abilities of our teachers who have been contributing to the community for many years.

Teachers play a significant role in nation-building, they are the basic unit. Teachers are responsible for imparting knowledge

and skills to the next generation. They equip with the essential tools that they need to become productive members of their society. The teachers are the ones who work hard to empower and encourage the village to have quality education by teaching our students to be responsible people for their countries and ethnicities, and to become people with analyzing skills and to become future leaders. They also support the students to become outstanding in Science and to become highly desirable people and build unity in our communities.

The teachers work hard for the nations to have high-quality professionals and also empower our community's work by providing quality education. To support the country's development, they shape individual life and enhance the economic system by setting the golden rules for their students.

We can see the benefits of the teachers presented in many books and we can compare with others by looking at their supports and advantages. As there is a quote that says "There is no money, but have pupils and can smile with full of strength", the teachers are the ones who may face financial difficulties but they have so many pupils that can make them smile and be full of strength for their contribution.

They are the ones who play a vital role in changing the behaviours of the Karen People and they are great role models for us. The destiny of the nations is designed by their hard work. We have seen clearly that every learner comes to know the politics and is in love with their country, ethnicity, and work.

Due to the above-mentioned reasons, when World's Teacher Day comes, their scarification, contribution, and significant roles in building nation development are being presented.

Everyone will always grateful for the teachers in their hearts and the proudly gratefulness of the teachers will be written in the whiteboard hearts and will be remembered forever.



The Vital Role of Teacher Well-being in Education

In the mosaic of education, teachers are the cornerstone, the linchpin holding together the very fabric of learning. Their influence transcends textbooks and classrooms; they shape minds, nurture potentials, and inspire generations. Yet, amidst the hustle and bustle of educational reforms and pedagogical innovations, one crucial element often gets overlooked—the well-being of teachers.

The well-being of educators is not a mere peripheral concern; it is a fundamental necessity for the sustainable development of our educational systems. Teachers are not just dispensers of knowledge; they are emotional anchors for students, providing support, guidance, and encouragement. However, when the well-being of teachers is neglected, it reverberates throughout the entire educational ecosystem.

First and foremost, the mental and emotional health of teachers directly impacts their effectiveness in the classroom. Teaching is a demanding profession, requiring immense patience, resilience, and empathy. When educators are stressed, overworked, or burnt out, it hampers their ability to connect with students, deliver engaging lessons, and provide the individualized attention that each student deserves. Consequently, student achievement suffers, leading to a downward spiral of disengagement and underperformance.

Furthermore, neglecting teacher well-being perpetuates a vicious cycle of attrition within the profession. Teaching is already facing a retention crisis, with many educators leaving the profession prematurely due to excessive workload, lack of support, and poor working conditions. Failure to prioritize teacher well-being exacerbates this issue, resulting in a continuous exodus of experienced educators and a perpetual shortage of qualified teachers.

Moreover, the impact of teacher well-being extends beyond the classroom and into society at large. Teachers play a pivotal role in shaping the future citizens of our world, instilling not only academic knowledge but also values, ethics, and critical thinking skills. When teachers are emotionally and mentally healthy, they are better equipped to nurture well-rounded individuals who contribute positively to their communities and society as a whole.

Investing in teacher well-being is not just a moral imperative; it is also a strategic investment in the future of education. By prioritizing the mental and emotional health of teachers, we can create a more conducive environment for teaching and learning, leading to improved student outcomes, higher levels of teacher satisfaction, and greater overall societal well-being.

So, what can be done to support the well-being of teachers? It starts with recognizing and valuing the immense contributions that educators make to society. Schools and educational institutions must prioritize teacher wellness programs, providing resources for stress management, mental health support, and professional development. Additionally, policymakers need to address systemic issues within the education system, such as excessive standardized testing, bureaucratic red tape, and inadequate funding, which contribute to teacher stress and burnout.

Ultimately, the well-being of teachers is not just a concern for educators themselves; it is a collective responsibility that we all share. As stakeholders in the future of education, we must prioritize the mental and emotional health of teachers, recognizing that their well-being is intrinsically linked to the well-being of students, communities, and society as a whole. Only by nurturing and supporting our educators can we truly unlock the full potential of our educational systems and create a brighter future for generations to come.



Teacher Education

What Makes a Good Teacher?

Whether you are teaching advanced calculus or how to count to 10, effective teachers share certain universal traits in common. For example, all great educators have the ability to listen actively — not only to their students, but also to their colleagues, school administrators, and students' family members.

We'll learn more about active listening and why it matters below, along with several other traits that teachers should try to exemplify. While some are less tangible than others — and potentially, more challenging to cultivate — all of them are equally worthwhile for teachers to actively develop and practice. Read on as we break down the most important traits for educators, including:

- Active listening
- Adaptability
- Collaboration
- Creativity
- Empathy
- Engagement
- Focus on growth
- Lifelong learning
- Patience
- Preparedness
- Respect

The Top 14 Qualities that Make a Good Teacher

You don't need to have a specific personality type to be an inspiring and effective teacher. However, there are some useful traits you should work on developing or strengthening if your goal is to be a more engaging and successful educator.

1. Adaptability

Adaptability is a must for teachers, who need to continuously evaluate what's working for their students — and even more importantly, what isn't working. Being adaptable and flexible allows you to flow between different theories of learning and modes of teaching — something we'll discuss momentarily — without becoming immobilized by stress or indecision.

2. Empathy

Empathy is the ability to understand what another person is feeling or experiencing — put simply, putting yourself in another person's shoes. As a teacher, it's vital to practice empathy instead of making assumptions — for instance, making efforts to understand and address the root issue that's causing a student to fall behind their peers, perform more poorly than they used to, or lash out in class.



3. Patience

Patience is important both to possess and to model for your students — who, as we discussed in our post on theories of learning, may view you as a role model and emulate your behavior. Having a reserve of patience will make it easier for you to work through each student's unique struggles and challenges, which may be difficult or slow-going to overcome.

4. Engagement

Students are perceptive from an extremely young age and can easily tell when teachers are bored by or apathetic toward their own material. If you want to generate engagement and enthusiasm in your class, it's imperative to exemplify those traits yourself, showing your students an infectious passion for learning — and all the exciting discoveries and hobbies that it can unlock for them!

5. Active Listening

Active listening is vital if you want to effectively diagnose and help overcome students' unique obstacles and challenges. Seek feedback, encourage honesty, provide ways for students to contact you easily, and be attentive whenever you listen, always trying to read between the lines and assess body language while you're communicating. Learn more about how and why you should improve your active listening skills.

6. Lifelong Learning

The best educators aren't just interested in teaching — they also have a passion for lifelong learning, which is reflected in their enthusiasm and engagement as instructors. Continued learning and professional development deliver invaluable insight, keeping professionals "sharp" and reminding teachers of the real-world challenges that their students may be facing — creating a pathway for greater empathy. Discover more about the importance of lifelong learning and how different theories of learning could help you teach — or understand — new information.

7. Free of Bias

As an educator, you'll be responsible for teaching an extraordinarily wide range of students. To combat inequality and discrimination and ensure fairness, you need to assess your students' needs in a way that is free from bias — something that requires you to continuously check in with your own judgments and assumptions about others.



Teacher Education

8. Respectful Attitude

Even in classrooms of adult learners, there's still an inherent imbalance of power that exists between students and teachers. It's imperative for educators to be mindful of this imbalance and ensure that students feel respected and heard for the people they are and what they contribute to the classroom.

9. Creativity

Creativity goes hand in hand with adaptability — another key trait we explored on this list. Whether you teach first graders or doctoral students, you'll need the ability to innovate, think outside the box, and find novel solutions to challenges, which will empower you to meet a wider range of students' needs. Being creative as an educator will also help you to foster creativity in your students — an essential skill they'll need for countless career paths.

10. Collaborative

From parent-teacher conferences and department meetings to teaching dozens or hundreds of students every day, education is an intensely collaborative field by nature, involving a constant interplay between students, teachers, administrators, and family members. If your goal is to become an educator or transition into an educational leadership position, you'll need strong collaborative skills to ensure you can work well with others consistently.

11. Preparation

In line with being flexible and adaptable, it's important to be prepared for a wide range of scenarios and challenges in the classroom. You can increase your overall level of preparedness as an educator by learning about your students' strengths and challenges, and ensuring that you consider how each of your students could be affected by your lesson plans.

12. Promote a Growth Mindset

In 2006, psychologist Carol Dweck introduced the concept of "growth mindsets" vs. "fixed mindsets" in her book *Mindset: The Psychology of Success*. According to Dweck, individuals with a fixed mindset perceive assets like intelligence as being determined early in life, which can cause obstacles or challenges to seem insurmountable or overwhelming. In contrast to a fixed mindset, individuals who have a growth mindset believe that traits like intelligence and creativity can be developed with practice.

13. Meet Students Where They Are

Your students will come to you from different backgrounds, skill sets, and challenges — and you need to be ready to meet them, whichever point they've reached in their learning. That means having the ability to accommodate students who learn at different paces, using different styles and methods, within the same classroom or group. This is another area where traits like adaptability, empathy, and patience come into play for educators.

14. Cross-Discipline Teaching

Drawing on multiple subjects and disciplines shows students how businesses operate — and how problem-solving works — in the real world, grounding their learning in practical real-life scenarios.

If you don't possess all of these traits already, don't panic — just be mindful that there may be some areas where you could benefit from a little practice. Whether your goal is to tune up weak skills, refine strong ones, or develop new abilities, a degree or credential program provides the perfect opportunity to acquire the qualifications and experience you need to go further in your chosen career path.



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PHRU PWGO KAREN TEACHER NEWSLETTER IS PRODUCED BY
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