

KTWG'S KAREN LANGUAGE COURSE

We welcome all to our Karen language course. We developed this course for foreigners working with the Karen people in refugee camps along the Thai-Burma border. The course provides basic phrases for everyday use. You can also click the audio file to listen to the proper pronunciation. Our course is organized into 15 sections:

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GOOD LUCK!!

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1. GREETINGS [\(Click Here To Listen\)](#)

<p>ဂီလာအဂ္ဂု. ဂီလာအဂ္ဂု. နအိဉ်ဆူဉ်ခါ. ယအိဉ်ဆူဉ်.နမိဉ် ယအိဉ်ဆူဉ်. နအိဉ်မ့ဝံလံခါ. မ့ဝံလံ</p>	<p>hgaw ler ah hgay <i>hgaw ler ah hgay</i> na oh hsoo ahh? <i>ya oh hsoo. Na maw?</i> ya oh hsoo. <i>na aw may wee lee ahh?</i> may, wee lee.</p>	<p>Good morning. <i>Good morning.</i> Are you well? <i>I am well. And you?</i> I am well. <i>Have you eaten?</i> Yes, I have eaten.</p>
<p>ဟါလာအဂ္ဂု,သရဉ်/သရဉ်မုဉ် ဟါလာအဂ္ဂု နအိဉ်မ့ဝံလံခါ ဟဉ်အာ,တဝံဒံးဘဉ် နကအိဉ်ထံခါ မ့ဝံ,တံးဘျး</p>	<p>hah ler ah hgay, thara/tharamu <i>hah ler ah hgay</i> na aw may wee lee ahh? <i>Her er, ta wee dee ba</i> na ga aw htee ahh? <i>may, ta-blu</i></p>	<p>Good afternoon, teacher. <i>Good afternoon.</i> Have you eaten? <i>No I haven't.</i> You want some water? <i>Yes, thanks.</i></p>

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2. PERSONAL INFORMATION ([Click Here To Listen](#))

<p>နမံဒ်လဲၣ် ယမံၤမ့ၢ်-- ထံၣ်ဘၣ်နသးခုဒိၣ်မး ယမ့ၢ်ကိးသးခုဒိၣ်မး နဟဲတၢ်လီၤဖဲလဲၣ် ယဟဲလၢအ့ၣ်ကလံာ် နတၢ်ဖံးတၢ်မၤမ့ၢ်မနုၤလဲၣ် ယမၤတၢ်လၢတၢ်ဆါဟံၣ် နဖျိနသးလံၤစါ မ့ၢ်,ယဖျိသးလံ နဖိအိၣ်ပွဲၤဂၤလံလဲၣ် ခံၤဂၤ ပိၣ်မုၢ်ပွဲၤဂၤပိၣ်ခွါပွဲၤဂၤလဲၣ် ပိၣ်မုၢ်တၢ်ပိၣ်ခွါတၢ်ဂၤ နကိးန့ၢ်နဖိအမံၤဒ်လဲၣ် မူထူဒီးဖဲဝါ နဒီးပုၢ်ဝဲၣ်အိၣ်ပွဲၤဂၤလဲၣ် ပိၣ်မုၢ်ခံၤဂၤပိၣ်ခွါသၢၤဂၤ</p>	<p>na mee di leh? ya mee may --- htee bah na tha ku doh ma ya say gaw tha ku doh ma na heh ta law hpeh leh? yah heh ler ay gal leh na ta hpee ta ma may ma nu leh? ya ma ta tar-ler ta hsah-hee na hplaw na tha lee ahh? may, ya hplaw tha lee na hpoh oh pgeh hga lee leh? kee-hga poh-mu pgeh hga, poh-kwah pgeh hga leh? poh-mu ta hga poh-kwah ta hga na goh nay na hpoh a mee di leh? Moo Htoo daw Peh Wah na daw pu weh oh pgeh hga leh? poh-mu kee-hga, poh-kwah ther-hga</p>	<p>What's your name? My name is --- Nice to meet you. Nice to meet you too. Where do you come from? I come from England. What is your job? I work in the hospital. Are you married? Yes, I'm married. How many children do you have? Two children. Boys or girls? One boy and one girl. What are their names? Moo Htoo and Peh Wah How many brothers and sisters do you have? Two sisters and three brothers.</p>
<p>နသးအိၣ်ပွဲၤန့ၣ်လဲၣ် ယသးအိၣ်-----န့ၣ် နအိၣ်တၢ်လီၤဖဲလဲၣ် ယအိၣ်လၢမ့ၢ်ယုၢ် နတၢ်မၤမ့ၢ်မနုၤလဲၣ် ယမ့ၢ်ကိၣ်သရၣ် ဒီးနဲနတၢ်မၤမ့ၢ်တၢ်မနုၤလဲၣ် ယမ့ၢ်ပုၢ်ကိၣ်ဖိ</p>	<p>na tha oh pgeh nee leh? ya tha oh --- nee na oh ta law hpeh leh? ya oh ler Mu Yoo na ta ma may ma nu leh? ya may kyoh thera daw neh na ta ma may ta ma nu leh? ya may pgah kyoh hpoh</p>	<p>How old are you? I am _____ years old. Where do you live? I live in Mae Sariang. What is your job? I'm a teacher. And what is your job? I'm a student.</p>

ကသံဉ်သရၢ်ဒိဉ်စိ ကသံဉ်သရၢ်မုဉ် ပှၤကွၢ်ပှၤဟူး ပှၤသူးဖိ ကွီသရၢ် ပှၤထူစံဉ်ဖိ ပှၤထါတၢ်ဖိ ကျးကစၢ် ဟံဉ်ကစၢ်မုဉ်	ga thee thara doh soh ga thee tharamu pgah gwa pgah hu pgah thu hpoh thara (tharamu) pgah htoo see hpoh pgah htah ta hpoh gla ga sar hee ga sar mu	Doctor Nurse Midwife Soldier Teacher Farmer Weaver Shopkeeper Housewife
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3. HOBBIES ([Click Here To Listen to Phrases](#)) ([Click Here To Listen to Extra Vocabulary](#))

<p>တၢ်သးစဲ ဖဲတၢ်ဆၢကတီၢ်သဘျူလၢနဂီၢ်အခါနအဲၣ်ဒီးမၤမနုၤလဲၣ် ယအဲၣ်ဒီးထါတၢ်,ခွဲးတၢ်,န့ၢ်မိၣ် ယအဲၣ်ဒီးလိာ်ကွဲးဖျၢၣ်ထူဒီးဖျၢၣ်ယၤ မ့ၢ်နဘၣ်သးဂဲၤကလံာ်စ့ၢ်ခါ မ့ၢ်,ယအဲၣ်တၢ်ဂဲၤကလံာ် ယဲစ့ၢ်ကိး,ယအဲၣ်တၢ်ဂဲၤကလံာ် မ့ၢ်နအဲၣ်သးဝံၣ်တၢ်စ့ၢ်ခါ မ့ၢ်,ယအဲၣ်တၢ်သ့ၣ်ဝံၣ်သးဆၢ ဒီးယအဲၣ်ဒုတနၢ်စ့ၢ် ခဲအံၤပကဒုသကိးတၢ်မိၣ်</p>	<p>ta tha seh hpeh ta hser ga taw tha blay ler na hgaw a kah na eh doh mah ma nu leh? <i>ya eh doh htah ta, kweh ta, nah maw?</i> ya eh doh loh gweh hpler htoo daw hpler hkah <i>may na bah tha hgeh ga lee say ahh?</i> may ya eh ta hgeh ga lee <i>yeh say gaw, ya eh ta hgeh ga lee</i> may na eh tha wee ta say ahh? <i>may ya eh ta thoo wee tha hser</i> daw ya eh day ta na say <i>keh ee pa ga day tha goh ta maw</i></p>	<p>Hobbies What do you like to do in your free time? <i>I like weaving and knitting. And you?</i> I like playing football and caneball. <i>And do you like dancing?</i> Yes, I love dancing. <i>Me too, I love dancing.</i> And do you like singing? <i>Yes. I love singing.</i> And I like playing the guitar. <i>Let's make music together!</i></p>
<p>ဆီဆူၣ် ဖျၢၣ်ပျီၣ် ပီၢ်ထံ တၢ်တဲၤစ့ၢ်ခါ တၢ်ခးအိၣ်တၢ် တၢ်ယုာ် တၢ်ခွဲး တၢ်ဆး ဖးလံာ် လဲၤဆူသရီၣ် တၢ်ဖူထီၣ်တၢ်လွဲာ် တၢ်တုာ်တၢ်ဂီၤ</p>	<p>hsaw hsoo hpaler pgaw paw htee ta t'mae hsu koh ta ka aw ta ta hka ta kweh ta hsa hpa lee leh hsoo th'roh ta pu htaw ta lweh ta tay ta hgaw</p>	<p>Badminton Volleyball Swimming Boxing Hunting Running Knitting Sewing Reading Going to church Painting Drawing</p>

<p>ယသးဟ့..... ယတတၢ်သးတၢ်..... ယတၢ်သး..... ယအဲၣ်.....</p>	<p>ya tha hay ... ya ta bah tha bah ... ya bah tha ... ya eh ...</p>	<p>Phrases. I hate... I don't like... I like... I love...</p>
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4. AT THE TEA SHOP [\(Click Here To Listen to Phrases\)](#) [\(Listen to Extra Vocabulary\)](#)

<p>နံလောအဂ္ဂ နံလောအဂ္ဂ ယအဲဒ်ဒီးအိၣ်တၢ်တံမံ နအဲဒ်ဒီးအိၣ်တၢ်မနုၤလဲၣ် ယအဲဒ်ဒီးအိၣ်မုၤ နကအိၣ်ဒီးထိးညၣ်ဧါ ဆိညၣ်အိၣ်ဧါ အိၣ် ဝံသးဧုၤဟ့ၣ်ယဆိညၣ်တခူး မ့ၢ်နအဲဒ်ဒီးအိၣ်ဒီးတၢ်မနုၤဒီးလဲၣ် ယအဲဒ်ဒီးအိၣ်ထံ အပျၢ်လီၤတၢ်ဆံးအါလဲၣ် ယဲၢ်ဆံးဘး တၢ်ဘျး</p>	<p>nee ler ah hgay <i>nee ler ah hgay</i> ya eh doh aw tah ta mee <i>na eh doh aw ta ma nu leh?</i> ya eh doh aw may <i>na ga aw daw htoh-nya ahh?</i> hsaw-nya oh ahh? <i>oh</i> wee-tha-soo hay ya hsaw-nya ta kwah <i>may, na eh doh aw ta ma nu dee leh?</i> ya eh doh aw htee a pgay law teh hsee ah leh? <i>yeh-hsee bah</i> ta-blu</p>	<p>Hello! <i>Hello!</i> I'd like to eat something. <i>What do you want to eat?</i> I'd like to eat rice. <i>Would you like it with pork?</i> Have you got chicken? <i>Yes.</i> Please give me one plate of chicken.. <i>Ok! And what else do you want?</i> I want to drink water. How much does it cost? <i>Fifty baht.</i> Thank you.</p>
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<p>တၢ်သူတၢ်သၣ်ထံ -တယုၣ်သၣ် -နဲးသၣ် -ဖိသၣ် -ကထံပိၣ် လၢ်ဖးထံ ဒိဖံၣ် ထံ ဒီး(ဒ်) တၢ်ဆံၣ်ထံ တၢ်န့ၣ်ထံ</p>	<p>ta thoo ta tha htee - ta hkay tha - neh tha - hpaw tha - ga htee poh la hpa htee kaw hpee htee koh ta hsee htee ta nu htee</p>	<p>fruit juice - orange - pineapple - apple - sugar cane tea coffee water coke lemonade milk</p>
<p>မုၤ</p>	<p>may</p>	<p>rice</p>

ခိုးဆွဲ ကိုးတယိန် အိန်ကွန်ကွ စမူစ၊ ထိုးညှပ် ဆီညှပ် ညှပ် တင်ဒီးတင်လှပ် အံသန်ဆာ ကိန် တင်ဆာကိန်လိန် ဆီဒိန် ခိနီယု ညှပ်ဖာ ညှပ်ယု သဘန်ဘိန်ခိန် အးလူ တကီသန် တကီဆိန်သန် တယုန်သန် တင်တီသန် ပသာဂီ ပသာဝါ	kaw hsweh goh ta yoh ee kyah gway sa moo sar htoh-nya hsaw-nya nya ta doh ta la ee tha hser goh ta hser goh loh hsaw dee kaw naw hkay nya der nya hkay tha bah boh koh a loo ta gaw tha ta gaw hsee tha ta hkay tha teh taw tha pa ther hgaw pa ther wah	noodles ku ti yaw ijakwe samosa pork chicken fish vegetables sugar bread candy egg dry noodles tinned fish dried fish cabbage potato eggplant tomato orange watermelon onion garlic
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5. SHOPPING

<p>ဂီလာအဂ္ဂု.ယအဲဒ်ဒီးပွတ်တခါ</p> <p>နသးလီတံာ်မနုလဲဉ်</p> <p>ယသးလီမးမး</p> <p>နသးလီပျဲဘိဉ်လဲဉ်</p> <p>ယသးလီခံဘိဉ်.အပွဲဆံးအါလဲဉ်</p> <p>တဆံးဘး</p> <p>တံာ်ဘျူး</p> <p>ယသးလီတံာ်နုာ်ထံ</p> <p>နသးလီပျဲအါလဲဉ်</p> <p>ယသးလီသာအါ</p> <p>ယသးလီအံသုဉ်ဆါ</p> <p>နသးလီပျဲဘိဉ်လဲဉ်</p> <p>ယသးလီတဘိဉ်</p>	<p>hgaw ler a hgay. Ya eh doh pgay tah ta kah</p> <p><i>na tha law ta ma nu leh?</i></p> <p>ya tha law ma ma</p> <p><i>ya tha law pgeh boh leh?</i></p> <p>ya tha law kee-boh. A pgay hsee ah leh?</p> <p><i>ta-hsee bah</i></p> <p>ta blu</p> <p>ya tha law ta-nu-htee</p> <p><i>na tha law pgeh der leh?</i></p> <p>ya tha law ther der</p> <p>ya tha law ee-tha-hser</p> <p><i>na tha law pgeh boh leh?</i></p> <p>ya tha law ta boh</p>	<p>Good morning. I'd like to buy something.</p> <p><i>What do you need?</i></p> <p>I need dry noodles.</p> <p><i>How many packets do you need?</i></p> <p>I need two packets. How much is that?</p> <p><i>10 baht.</i></p> <p>Thanks.</p> <p>I need milk.</p> <p><i>How many bottles do you need?</i></p> <p>I need three bottles.</p> <p>I need sugar.</p> <p><i>How many packets do you need?</i></p> <p>I need one packet.</p>
<p>ဂီလာအဂ္ဂု</p> <p>ဂီလာအဂ္ဂု</p> <p>သဘဉ်ဘိဉ်ခိဉ်အိဉ်ခါ</p> <p>တအိဉ်ဘဉ်</p> <p>အးလူအိဉ်ခါ</p> <p>တအိဉ်ဘဉ်</p> <p>တကီသုဉ်အိဉ်ခါ</p> <p>တအိဉ်ဘဉ်</p> <p>တကီဆံဉ်သုဉ်အိဉ်ခါ</p> <p>အိဉ်.နသးလီဆံးအါလဲဉ်</p> <p>ခံကံလီ.အပွဲလီတံာ်ဆံးအါလဲဉ်</p> <p>ခံဆံးဘး</p> <p>တံာ်ဘျူး</p>	<p>hgaw-ler-ah-hgay</p> <p><i>hgaw-ler-ah-hgay</i></p> <p>tha-bah-boh-koh oh ahh?</p> <p><i>ta oh bah</i></p> <p>a-loo oh ahh?</p> <p><i>ta oh bah</i></p> <p>ta-gaw-tha oh ahh?</p> <p><i>ta oh bah</i></p> <p>ta-gaw-hsee-tha oh ahh?</p> <p><i>oh, na tha law hsee ah leh?</i></p> <p>kee gee-loh. A pgay law teh hsee ah leh?</p> <p><i>kee-hsee bah</i></p> <p>ta blu</p>	<p>Good morning</p> <p><i>Good morning</i></p> <p>Have you got cabbage?</p> <p><i>No, I haven't.</i></p> <p>Have you got potatoes?</p> <p><i>No, I haven't.</i></p> <p>Have you got eggplant?</p> <p><i>No, I haven't.</i></p> <p>Have you got tomatoes?</p> <p><i>Yes. How many do you want?</i></p> <p>Two kilos. How much is that?</p> <p><i>Twenty baht.</i></p> <p>Thanks</p>

6. SCHOOL AND CHILDREN

<p>နမိအိၣ်ပွဲၤဂၤလဲၣ်. ယမိအိၣ်လွံၤဂၤမ့ၣ်ခံၤ,ခွါခံၤဂၤ.</p>	<p>na hpoh oh pgeh hga leh? <i>ya hpoh oh lwee hga, mu kee hga, kwah kee hga</i></p>	<p>How many children do you have? <i>I have four children, two girls and two boys.</i></p>
<p>အဝဲသ့ၣ်လဲၤကွီၤခါ မ့ၢ်အဝဲသ့ၣ်လဲၤကွီၤကိးဂၤလီၤ.</p>	<p>ah weh thay leh kyoh ahh? <i>may ah weh thay leh kyoh goh hga law.</i></p>	<p>And do they go to school? <i>Yes, they all go to school.</i></p>
<p>ယမိခွါအခိၣ်တၢၤအိၣ်တဆံၣ်ယိးန့ၣ်ဒီးထီၣ် ဝဲတီးခိၣ်တုၣ်ကွီၤလီၤ.</p>	<p><i>ya hpoh kwah ah doh ta hga oh ta hsee hkaw nee daw htaw weh taw doh tu kyoh law</i></p>	<p><i>My eldest son is 18, he's in Post Ten.</i></p>
<p>ယမိခွါအဆံးတၢၤအိၣ်တဆံၣ်ယုန့ၣ်ဒီးထီၣ်ဝဲ တီးထီၣ်ကွီၤလီၤ.</p>	<p><i>ya hpoh kwah ah hsee ta hga oh ta hsee hku nee daw htaw weh taw htaw kyoh law</i></p>	<p><i>My second son is 16, he's in High school.</i></p>
<p>ယမိမ့ၣ်အခိၣ်တၢၤအိၣ်တဆံၣ်ခံန့ၣ်ဒီးအဝဲ ထီၣ်တီးခါၣ်သးကွီၤန့ၣ်လီၤ.</p>	<p><i>ya hpoh mu ah doh ta hga oh ta hsee kee nee daw a weh htaw taw ker tha kyoh nay law</i></p>	<p><i>My eldest daughter is 12, she's in Middle School.</i></p>
<p>ယမိသဒါအိၣ်ယုန့ၣ်ဒီးအဝဲမၤလိတီးခါၣ်ထံး လီၤ.</p>	<p><i>ya hpoh tha dah oh hku nee daw ah weh ma loh taw kaw htee law</i></p>	<p><i>My youngest is 6, she's in Kindergarten.</i></p>
<p>နဝၤန့ၣ်အတၢ်မၤမ့ၢ်မနုၤလဲၣ် အဝဲမ့ၢ်ကွီၤသရၣ်တၢၤ,အဝဲသိၣ်လိတၢ်ဒူးလၢ တီးထီၣ်ကွီၤ.</p>	<p>na wa nay ah ta ma may ma nu leh? <i>ah weh may kyoh tha-ra ta hga, a weh thoh loh tar dwa ler taw htaw kyoh</i></p>	<p>What is your husband's job? <i>He is a teacher, he teaches Maths at the High School.</i></p>
<p>နတၢ်ဖံးတၢ်မၤမ့ၢ်မနုၤလဲၣ် ယမ့ၢ်စ့ၢ်ကိးကွီၤသရၣ်တၢၤ,ယသိၣ်လိတၢ်လၢ တီးခိၣ်ထံးကွီၤ.</p>	<p>na ta hpee ta ma may ma nu leh? <i>ya may say gaw kyoh tha-ra ta hga, ya thoh loh ta ler taw kaw htee kyoh</i></p>	<p>What is your job? <i>I'm a teacher too. I teach at the Kindergarten.</i></p>

<p>တၢ်နွဲး အဲကလံး ပယီု ကညိ ထံရူၢ်ကီၢ်သဲး စီုပီၢ် စဲအုၣ် တၢ်အိၣ်အုၣ်အိၣ်ချ့ ဟီၣ်ခိၣ်ဂီၤ</p>	<p>tar dwa eh ga lee pa yaw ga nyaw htee hgoo gaw theh soh paw seh ay ta aoh hsoo aoh klay haw koh hgaw</p>	<p>Maths English Burmese Karen Politics History Science Health Geography</p>
<p><u>ကိုအကလုာ်လၢကီၢ်ပယီုပုၤ</u> တီၤဘျီကွီ တီၤခိၣ်ထံး တီၤဖျၢ် ၁-၄တီၤ တီၤခါၣ်သး ၅-၇တီၤ တီၤထီ ၈-၁၀တီၤ တီၤခိၣ်တုၣ် ၁၁-၁၂တီၤ</p>	<p><u>kyoh a'ga lu ler gaw pa yaw pu</u> taw blaw kyoh taw kaw htee taw hpu 1 taw tu 4 taw taw ker tha 5 taw tu 7 taw taw htaw 8 taw tu a'taw 10 taw doh tu 11 taw tu 12 taw</p>	<p><u>Schools in Burma</u> Nursery Kindergarten Primary standard 1 - 4 Middle standard 5 - 7 High standard 8 - 10 Post Ten standard 11 - 12</p>

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7. HOW ARE YOU FEELING?

<p>တနံအံနတူာ်ဘၣ်ဒ်လဲၣ် တနံအံယသးခုဒိၣ်မး ဘၣ်မနုၤအယိလဲၣ် မ့ၢ်လၢယဒိပုၢ်ဝဲၢ်မ့ၢ်ဖျိသးတနံအံအယိ အိလိလးဒိၣ်မး</p>	<p>ta nee ee na too bah di leh? <i>ta nee ee ya tha ku doh ma</i> bah ma nu a hkoh leh? <i>may ler ya daw pu weh mu hplaw tha</i> <i>ta nee ee a hkoh</i> oh, law la doh ma</p>	<p>How are you feeling? <i>I'm very happy today.</i> Why? <i>Because my sister is getting married today.</i> Oh, that's wonderful!</p>
<p>တနံအံနတူာ်ဘၣ်ဒ်လဲၣ် တနံအံယသးအုးဒိၣ်မး ဘၣ်မနုၤအယိလဲၣ် မ့ၢ်လၢတနံအံမ့ၢ်ထံကလဲၤအဲၤရံကၢအယိ မ့ၢ်ထံန့ၣ်မ့ၢ်မတၢလဲၣ် အဲၤမ့ၢ်ယတၢ်အဲၣ်တိ.</p>	<p>ta nee ee na too bah di leh? <i>ta nee ee ya tha u doh ma</i> bah ma nu a hkoh leh? <i>may ler ta nee ee Mu Htee ga leh a-meh-ree-ga a hkoh</i> Mu Htee nay may ma ta leh? <i>a weh may ya ta eh taw</i></p>	<p>How are you feeling? <i>I'm sad today.</i> Why? <i>Because Moo Htee is going to America today.</i> Who is Moo Htee? <i>He is my boyfriend.</i></p>
<p>နတူာ်ဘၣ်ဒ်လဲၣ် ယသ့ၣ်ပိၢ်သးဝးဒိၣ်မး ဘၣ်မနုၤအယိလဲၣ် မ့ၢ်လၢအဲၤမဆ့ၣ်မ့ၢ်ယနံအိၣ်ဖျဲၣ်အမ့ၢ်နံအယိ</p>	<p>na too bah di leh? <i>ya thoo poh tha wah doh ma</i> ba ma nu a hkoh leh? <i>may ler keh ma hsay may ya nee oh</i> <i>hpleh a mu nee a hkoh</i></p>	<p>How are you feeling? <i>I'm very excited.</i> Why? <i>Because tomorrow is my birthday.</i></p>
<p>နတူာ်ဘၣ်ဒ်လဲၣ် ယတူာ်ဘၣ်မ့ၢ်ခဲလၢၢ်လီၤန့ၣ်မိၣ် ယတူာ်ဘၣ်မ့ၢ်ခဲလၢၢ်လီၤ</p>	<p>na too bah di leh? <i>ya too bah mu keh ler law na maw?</i> ya too ba mu keh ler law</p>	<p>How are you feeling? <i>I'm fine. Everything is ok. And you?</i> I'm feeling good.</p>

8. NOT VERY WELL TODAY

<p>တနင်္ဂနွေနေ့ကတော့ဖိတဟဲဘဲလွန်ဂ့.အဲဒါအိပ်မဲလဲလဲ. စီဝါအိပ်တဆူဘဲ.အဲဘဲတဟဲဟဲလူ. အိပ်စုလဲမဲလဲ. အဲအိပ်တဆူအါအါဘဲ.အဲအိပ်သဲ ယံဆါ. သးတီလဲမဲလဲ. အဲအိပ်တဆူဘဲ.အဲအဲလီကီ. ဒီးမူမူအိပ်မဲလဲ.အဲအဲကုစုဒါ. ကီတဂ့.မူမူနဲဒဲးခံထီတီလီ.</p>	<p>ta nee ee pgah kyoh hpoh ta heh bah lwee hga. A weh thay oh hpeh leh? <i>Saw Wah oh ta hsoo bah. A weh bah tar her hper loo</i> Eh Say leh hpeh leh? <i>a weh oh ta hsoo ah ah bah. A weh a koh tha hkee hsah</i> Tha Taw leh hpeh leh? <i>a weh oh ta hsoo bah. A weh a loh goh</i> daw Moo Moo oh hpeh leh? A weh hsoh gay say ahh? <i>goh ta hgay. Moo Moo nay seh kee htaw boh law</i></p>	<p>Four students are not here today. Where are they? <i>Saw Wah is not very well. He's got diarrhoea.</i> And where is Eh Say? <i>She is not very well. She has a headache.</i> Where is Tha Htaw? <i>He is not very well. He has a fever.</i> And where is Moo Moo? Is she ill too? <i>Don't worry. Moo Moo is always late.</i></p>
<p><u>တၢ်အိပ်ဆူအိပ်ချ</u> <u>နအိပ်ဆူအိပ်ချဒါ.</u> ယအိပ်တဆူအါအါဘဲ. ယခိန်သဲဆါ. ယလီကီ. ယခိန်လုခိန်ဆါ. ယခိန်ဆါ. ယမဲဆါ. ယဟဲဆါ. ယကူး</p>	<p>ta oh hsoo oh klay na oh hsoo oh klay ahh? ya oh ta hsoo ah ah bah. ya koh tha hsah ya loh goh ya kaw lay koh hsah ya kaw hsah ya meh hsah ya her hper hsah ya goo</p>	<p>Health How are you feeling? I'm not feeling well. I have a headache. I have a fever. My knee hurts. My leg hurts. I have a toothache. I have a stomach ache. I have a cough.</p>

<u>မိၼ်ပှ်အကွၼ်အဂီၢ်တဖၼ်</u>	<u>moh pgah a gay a hgaw ta hpa</u>	<u>Parts of the body</u>
ခိၼ်သၼ်	koh tha	Head
ခိၼ်ဆူၼ်	koh hsoo	Hair
မၼ်ခံ့	meh klee	Eye
နီၼ်ဒု	nah day	Nose
ကိၼ်ပူ	goh poo	Mouth
ပူ	play	Tongue
နီၼ်	nah	Ear
ကိၼ်သိ	goh boh	Neck
ဖံၼ်ခိၼ်	hpee bah koh	Shoulder
သးနီၼ်ပှ်	tha nah pga	Chest
စုတီၢ်	su taw	Arm
စုဒုၼ်	su du	Hand
စုနီၼ်	su ner	Fingers
ဟၢၼာ	her hper	Stomach
ခိၼ်	kaw	Leg
ခိၼ်လၼ်	kaw lah	Foot
ခိၼ်နီၼ်	kaw ner	Toes
သး	tha	Heart

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9. FAMILY PHOTOS [\(Click Here To Listen\)](#)

<p>ပိတ်မုတ်တကန့ၣ်မ့ၢ်မတလဲၣ် အဝဲမ့ၢ်ယဒိပုၢ်ဝဲၢ်မုၢ်.အဝဲအိၣ်လၢဘိကိး. အဝဲမတၢ်လၢUNHCR. ဒီးတၢ်ပိတ်ခါတကန့ၣ်ခိမိၣ်.</p> <p>အဝဲမ့ၢ်ယဒိပုၢ်ဝဲၢ်ခါ.အဝဲအိၣ်လၢဝံၣ်တကူၣ် အဝဲမ့ၢ်ကသံၣ်သရၣ်ဒိၣ်စိတကလီၤ.</p> <p>ဒီးပုၤတရၢန့ၣ်မ့ၢ်မတလဲၣ် အဝဲအံၤမ့ၢ်ယမိယပါ.အဝဲသ့ၣ်အိၣ်လၢမဲၢ်လးအူ.အဝဲ သ့ၣ်အိၣ်ဒီးလၢလၢခဲနဒၢ်.</p> <p>အန့ၣ်တကမိၣ်. အန့ၣ်မ့ၢ်ယဖံ.အဝဲအိၣ်အနံၣ်ခွံဆံ.</p> <p>တၢ်ပိတ်မုတ်ဖိတကန့ၣ်မိၣ် အဝဲမ့ၢ်ယဖိဒိၣ်မုၢ်.အဝဲအိၣ်(၁၂)နံၣ်. အဝဲဒိၣ်တၢ်ဂ့ၤဒိၣ်မး.</p>	<p><i>poh mu ta hga nay may ma ta leh?</i> a weh may ya daw pu weh mu. A weh oh ler baw kaw. A weh ma ta ler UNHCR <i>daw ta poh kwah ta hga nay kaw maw?</i></p> <p>a weh may ya daw pu weh kwah. A weh oh ler way ta goo a weh may ga thee tha ra doh soh ta hga law.</p> <p><i>daw pga ta rer nay may ma ta leh?</i> a weh ee may ya moh ya pah. A weh thay oh ler meh la oo. A weh thay eh doh leh ler keh-na-da.</p> <p><i>a nay ta hga maw</i> a nay may ya pee. A weh oh a nee kwee hsee</p> <p><i>ta poh mu hpoh ta hga nay maw?</i> a weh may ya hpoh doh mu. A weh oh ta hsee kee nee <i>a weh doh tar hgay doh ma!</i></p>	<p><i>Who is that woman?</i> That's my sister. She lives in Bangkok. She works for UNHCR. <i>And who is that man?</i></p> <p>That's my brother. He lives in Yangon. He's a doctor.</p> <p><i>And who are they?</i> These are my parents. They live in Mae La Oon. They want to go to Canada.</p> <p><i>And who is that?</i> This is my grandmother. She is 90 years old. <i>And who is that girl?</i> This is my niece. She is 12. <i>She's beautiful!</i></p>
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ဟံၣ်ဖိယိဖိ	hee hpoh hkaw hpoh	Family.
ဖံ	hpee	Grandmother
ဖု	hpu	Grandfather
မိၣ်ဟံ	moh pah	Parents
မိၣ်	moh	Mother
ဟံ	pah	Father
မုၢ်ဂံ	muhga	Aunt
ဖါတံၢ်	hpah tee	Uncle
ဒီပုၢ်ဝဲၣ်	daw pu weh	Siblings
ဒီပုၢ်ဝဲၣ်ခွါ	daw pu weh kwah	Brother
ဒီပုၢ်ဝဲၣ်မုၢ်	daw pu weh mu	Sister
ဝၢ	wa	Husband
မၤ	mah	Wife
ဖိမုၢ်	hpoh mu	Daughter
ဖိခွါ	hpoh kwah	Son
လံၤ	lee	Grandchild
လံၤမုၢ်	lee mu	Granddaughter
လံၤခွါ	lee kwah	Grandson
ဒီတခွါ	daw ta kwah	Cousin
ဖိဒိၣ်မုၢ်	hpoh doh mu	Niece
ဖိဒိၣ်ခွါ	hpoh doh kwah	Nephew
မၤ	ma	Son-in-law
ဒဲၣ်မုၢ်	deh mu	Daughter-in-law
မံၤပုၢ်ဝဲၣ်မုၢ်	mee pga poh mu	Mother-in-law
မံၤပုၢ်ဝဲၣ်ခွါ	mee pga poh kwah	Father-in-law

10. WHAT'S THE TIME? [\(Click Here To Listen\)](#)

<p>ပွဲန့ၣ်ရံၣ်လဲၣ် -တဆံခဲန့ၣ်ရံၣ် -ယိးန့ၣ်ရံၣ်တခီ -နွံန့ၣ်ရံၣ်တဆံးယဲးမံးနံး -သာန့ၣ်ရံၣ်ကဘၣ်လိၣ်ဒဲးတဆံးယဲးမံးနံး (ခဲန့ၣ်ရံၣ်လွံၣ်ဆံးယဲးမံးနံး)</p> <p>နဟံးန့ၣ်ဂီၤတၢ်အိၣ်လၢပွဲန့ၣ်ရံၣ်လဲၣ်</p> <p>နွံန့ၣ်ရံၣ်</p> <p>နဟံးန့ၣ်မုၢ်ထူၣ်တၢ်အိၣ်လၢပွဲန့ၣ်ရံၣ်လဲၣ်</p> <p>တဆံခဲန့ၣ်ရံၣ်</p> <p>နဟံးန့ၣ်ဟါတၢ်အိၣ်လၢပွဲန့ၣ်ရံၣ်လဲၣ်</p> <p>ယုန့ၣ်ရံၣ်</p> <p>နကလဲၤမဲးဆိးဆံးယံၣ်လဲၣ် မဲးဟါသာန့ၣ်ရံၣ်</p>	<p>pgeh na ree leh? -ta hsee kee na ree -hkoh na ree ta kaw -nwee na ree ta hsee yeh mee nee -ther na ree ga bah loh dee ta hsee yeh mee nee (kee na ree lwee hsee yeh mee nee)</p> <p>na hee nay hgaw ta aw ler pgeh na ree leh? nwee na ree</p> <p>na hee nay mu htoo ta aw ler pgeh na ree leh? ta hsee kee na ree</p> <p>na hee nay hah ta aw ler pgeh na ree leh? hku na ree</p> <p>na ga leh meh hsaaw hsee yee leh? keh ma hah ther na ree</p>	<p>What time is it? - twelve o' clock - half past eight -quarter past seven - quarter to three (2:45)</p> <p>When do you have breakfast? Seven o'clock.</p> <p>When do you have lunch? Twelve o'clock.</p> <p>When do you have dinner? Six o'clock.</p> <p>When are you going to Mae Sot? This afternoon at three o'clock.</p>
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<p>တနံအံ တဂီအံ တဟါအံ တနာအံ</p> <p>မနာကာ် မဟါတနံ မဟါတလါ မဟါတနံဂီဒီ</p> <p>ခဲမဆုဂ်ဂီဒီ ဆုမဲာ်ညါတနံ(ခဲမဟိ) ဆုညါတလါ</p>	<p>ta nee ee ta hgaw ee ta ha ee ta na ee</p> <p>ma na ger ma hah ta nwee ma hah ta lah ma hah ta nee hgaw kaw</p> <p>keh ma hsay hgaw kaw hsoo meh nyah ta nee (keh ma hoh) hsoo nyah ta lah</p>	<p>Today This morning This afternoon Tonight</p> <p>Last night last week Last month Yesterday morning</p> <p>Tomorrow morning Next year Next month</p>
<p>မူးတဖၣ် ခရံာ်အိၣ်ဖျၢၣ်မုာ်နံ ကညီနံထီၣ်သီမုာ်နံ ဖိသၣ်မုာ်နံ ပှၢဘၣ်ကီဘၣ်ခဲမုာ်နံ ကညီတၢ်ဟံဆၢမုာ်နံ ကီၢ်သူလုၢ်မုာ်နံ ကညီဒိကလုာ်တၢ်ထူၣ်ဖျးသုးမုာ်ဒိၣ်မုာ်နံ</p> <p>ကၤသးမုာ်နံ ကညီဒိကလုာ်မုာ်နံ</p>	<p>mu ta hpar Kree oh hpleh mu nee ga nyaw nee htaw thaw mu nee hpoh tha mu nee pgah bah gaw bah keh mu nee ga nyaw ta per hser mu nee gaw thoo lay mu nee ga nyaw daw ga lu ta htoo hpleh thu mu doh mu nee hger tha mu nee ga nyaw daw ga lu mu nee</p>	<p>Festivals Christmas day Karen New Year Children's day Refugee day Karen Resistance day Kaw Thoo Lei day KNLA day</p> <p>KNDO day KNA day</p>

11. ON THE PHONE

<p>ဟဲလိုဉ် ဂီလာအဂု-ယမံမ့ၢ်လၢမ့ၢ်စ့ယကတဲတၢ်ဒီး သရၣ်မ့ၢ်လၢထုကသ့ဒါ</p> <p>ဝံသးစ့ၤခဲအံၤပုၤတအိၣ်လၢဝဲဒးနီတဂၤဘၣ် နတဲကီၤလၢဝါဘၣ်ဒါ</p> <p>ယတဲတဘၣ်ဘၣ် ဝံသးစ့ၤယတဲပုၤကညီကိၣ်တဘၣ်အါအါဘၣ်</p> <p>နဆဲးကျၢကဒါက့ၤလၢခဲမဟါသာန့ၣ်ရံၣ်ကသ့ဒါ</p> <p>သ့ တၢ်ဘျူး-ဂီလာအဂု ဂီလာအဂု</p>	<p>heh loh? <i>hgaw-ler-a-hgay, ya mee may La Mu</i> <i>Say ya ga teh ta daw tha-ra-mu Ler Htu</i> <i>ga thay ahh?</i></p> <p><i>wee tha soo, keh ee pga ta oh ler weh</i> <i>der naw ta hga bah. na teh goh la wah</i> <i>bah ahh?</i></p> <p><i>ya teh ta ba bah</i> <i>wee tha soo, ya teh pga ga nyaw gloh ta</i> <i>bah ahh ahh bah.</i></p> <p><i>na hseh gler ga dah gay ler keh ma har</i> <i>ther na ree ga thay ahh?</i></p> <p><i>thay</i> <i>ta-blu. hgaw ler ah hgay</i> <i>hgaw ler ah hgay</i></p>	<p>Hello? <i>Good morning, my name is La Mu</i> <i>Say, can I speak to Ler Htu, please?</i></p> <p>I'm sorry, nobody is in the office. Do you speak English?</p> <p><i>No, I don't.</i> I'm sorry, I don't speak much Karen.</p> <p>Can you phone again after three o'clock please? <i>OK.</i> Thanks, goodbye. <i>Goodbye.</i></p>
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<p>နတ်ယိုကျိုက်ဘန်ခါ ယတ်ဘန်တဲးတဲး</p> <p>ဝံသးစူဆဲးကျါကဒါလာ -ခဲမဟါ -ခဲမု်ဆုန်ဂီခိ -ခဲမု်ဆုန်ဟါခိ</p> <p>တနံအံအဝဲတအိန်ဘန် အဝဲကဟဲက့လာ -ခဲမု်ဆုန် -နံလာကဟဲမု်ဟးထိန် -ခဲကန်တနံ</p> <p>မု်,တစိဖိ ယကလဲကိးအိ</p>	<p>na teh yoh gloh ba ahh? <i>ya teh bah ta seh ta seh</i></p> <p>wee tha soo gler ga dah ler - keh ma hah - kem-mu-hsay hgaw-kaw - keh-mu-hsay hah-kaw</p> <p>ta nee ee a weh ta oh bah a weh ga hah gay ler - keh mu hsay - nwee ler ga heh mu hah htaw - keh ger ta nwee</p> <p>may, ta soh hpoh. Ya ga leh goh aw</p>	<p>Do you speak Thai? <i>I only speak a little bit.</i></p> <p>Please phone again - this afternoon - tomorrow morning - tomorrow afternoon</p> <p>He isn't here today. He will be back - tomorrow - next Monday - next week</p> <p>Yes, one moment. I'll get her.</p>
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12. WHERE'S THE HOSPITAL

<p>ဝံသးစူးတၢ်ဆါဟံၣ်အိၣ်ဖဲလဲၣ်</p> <p>အိၣ်လၢကဝီ(၄). လဲၤလီၤပိၣ်ကျဲၤဒီးတရံးဆူနစုစ့ၣ်ဝံဆူညါလဲၤတရံးဆူန စုထွဲတပတက့ၢ်.</p> <p>တၢ်ဆါဟံၣ်န့ၣ်အိၣ်ဝဲလၢတၢ်လျီၤဖိအဖီခိၣ်လၢနစုထွဲတ ကပလီၤ.</p> <p>ယံၤဆံးယံၣ်လဲၣ် ခံဆံးနံး</p>	<p>wee tha soo, ta hsah hee oh hpeh leh?</p> <p><i>oh ler ga waw (lwee)</i> <i>leh law poh gleh daw ta ree hsoo na</i> <i>su say wee hsoo nyah leh ter ree hsoo</i> <i>na su htweh ta pa ta gay</i> <i>ta-hsah-hee nay oh weh ler ta loo hpoh</i> <i>a hpaw koh ler na su htweh ta ga pa law</i></p> <p>yee hsee yee leh? <i>kee-hsee mee nee</i></p>	<p>Excuse me, where's the hospital?</p> <p><i>It's in section four.</i> <i>Go down the road and take the first</i> <i>turning left, then the second turning</i> <i>right.</i> <i>The hospital is at the top of the hill</i> <i>on your right.</i></p> <p>How far is it? <i>Twenty minutes.</i></p>
<p>နဟံၣ် ZOA ဝဲၤဒး UNHCR ဝဲၤဒး တၢ်ဟ့ၣ်ကသံၣ်ဒး လၢဖးထံကျး</p> <p>အလီၢ်ခံ အမဲၣ်ညါ တၢ်ကလိၣ်သး ဘူးလိၣ်သး ဘူးဒီး</p> <p>အခါၣ်သး(ဘၢၣ်စၢၤ) တချုး ဝံၤအလီၢ်ခံ</p>	<p>na hee ZOA weh der UNHCR weh der ta hay ga thee der lah hpah htee gla</p> <p>a law kee a meh nyah ta hga loh tha boo loh tha boo daw</p> <p>a ker tha (ber ser) ta klu wee a law kee</p>	<p>Your house ZOA office UNHCR office Clinic Tea shop</p> <p>Behind In front of Opposite Next to Near</p> <p>Between Before After</p>

<p>ထံကို တံ ဖျာ်ထူပျို ဖျာ်ဃးပျို ဒဲကဝီတြာ</p> <p>ကျဲ ကျဲဖိ သုန် ပျာ်ကျါ ခိကျဲ</p> <p>ထိန်တံလှိုင်ဖိ လိတံလှိုင်ဖိ ခိထံကို ခိတံ</p>	<p>htee gloh toh hpler htoo plaw hpler hka plaw deh ga waw treh</p> <p>gleh gleh hpoh thay pga glah kaw gleh</p> <p>htaw ta loo hpoh law ta loo hpoh kaw htee gloh kaw toh</p>	<p>River Bridge Football pitch Caneball court Camp gates</p> <p>Road Footpath Tree Forest Crossroads</p> <p>Go up the hill. Go down the hill. Cross the river. Go over the bridge.</p>
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13. DAYS OF THE WEEK ([Click Here To Listen](#))

တနင်္ဂနွေအတိုင်းပျံ့ပျံ့နံ့တဖန်	Ta Nwee Taw Pu Mu Nee Ta Pa	Days of the week
မုၢ်ဒဲး	mu Deh	Monday
မုၢ်ဆၢ	mu Hsa	Tuesday
မုၢ်ယူၣ်	mu yoo	Wednesday
မုၢ်ပျဲ	mu pleh	Thursday
မုၢ်လ့ၣ်	mu lay- oh	Friday
မုၢ်ဖိဖး	mu paw pah	Saturday
မုၢ်ဘူၣ်	mu bu	Sunday

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14. MONTHS OF THE YEAR ([Click Here To Listen](#))

လါ	lah	Months
သလှ	tha lay	January
ထွကုန်	tay ku	February
သွကိ	thway kaw	March
လါချံ	lah klee	April
ဒုန်ညါ	day nyah	May
လါနွံ	lah nwee	June
လါယိး	lah ghoh	July
လါရူး	lah ku	August
ဆံးမုာ်	hsee mu	September
ဆံးဆန်	hsee hsa	October
လါနီ	lah naw	November
လါပျုး	lah plu	December

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15. NUMBERS ([Click Here To Listen](#))

နိဂုံး	naw hgee	Numbers
တၢ	ter	One
ခံ	kee	Two
သၢ	ther	Three
လွံ	lwee	Four
ယံ	yeh	Five
ယု	hku	Six
နံ	nwee	seven
ယီး	hkaw	Eight
ခံ	kwee	Nine
တဆံ	ta hsee	Ten
တဆံတၢ	ta hsee ter	Eleven
တဆံခံ	ta hsee kee	Twelve
တဆံသၢ	ta hsee ther	Thirteen
တဆံလွံ	ta hsee lwee	Fourteen
တဆံယံ	ta hsee yeh	Fifteen
တဆံယု	ta hsee hku	Sixteen
တဆံနံ	ta hsee nwee	Seventeen
တဆံယီး	ta hsee hkaw	Eighteen
တဆံခံ	ta hsee kwee	Nineteen
ခံဆံ	kee hsee	Twenty
ခံဆံတၢ	kee hsee ter	Twenty one
ခံဆံခံ	kee hsee kee	Twenty two
ခံဆံသၢ	kee hsee ther	Twenty three
ခံဆံလွံ	kee hsee lwee	Twenty four
ခံဆံယံ	kee hsee yeh	Twenty five

ခဲဆဲယဲ	kee hsee hku	Twenty six
ခဲဆဲယု	kee hsee nwee	Twenty seven
ခဲဆဲနဲ	kee hsee hkaw	Twenty eight
ခဲဆဲယီး	kee hsee kwee	Twenty nine
ခဲဆဲခွဲ		
သဲဆဲ	ther hsee	Thirty
လဲဆဲ	lwee hsee	Forty
ယဲဆဲ	yeh hsee	Fifty
ယုဆဲ	hku hsee	Sixty
နဲဆဲ	nwee hsee	Seventy
ယီးဆဲ	hkaw hsee	Eighty
ခွဲဆဲ	kwee hsee	Ninety
တကယဲ	ta ga ya	One hundred
ခဲကယဲ	kee ga ya	Two hundred
တကထိ	ta ga htoh	One thousand
ခဲကထိ	kee ga htoh	Two thousand
တကက္ခဲ	ta ga gweh	One million

16. SOME BASICS [\(Click Here To Listen\)](#)

ယ၊ န၊ အဝဲပိန်ခါ အဝဲပိန်မုန် တါအဝဲအံ၊ ပဝဲသုန် သုဝဲသုန် အဝဲသုန်	ya na a weh poh kwah a weh poh mu ta a weh ee pa weh thay thu weh thay a weh thay	I You He She It We You They
ယ န အဝဲပိန်ခါအ အဝဲပိန်မုန်အ တါအဝဲအံ၊အ ပ သုဝဲသုန်အ အဝဲသုန်အ	yer ner a weh poh kwah ah a weh poh mu ah hta a weh ee ah pa thu weh thay ah a weh thay ah	My Your His Her Its Our Your their
ဖဲလဲန် ဘန်မနု၊အယိလဲန် မတ၊လဲန် ခါဖဲလဲန် တါမနု၊လဲန်	hpeh leh bah ma nu ah hkoh leh ma ta leh a kah hpeh leh ta ma nu leh	Where Why Who When What

<p> နီလဲၣ် ဆံးအါလဲၣ် ဆံးယံၣ်လဲၣ် ဆံးယံၣ်လဲၣ် တၢ်အဝဲအံၤ တၢ်အဝဲန့ၣ် တၢ်အဝဲအံၤတဖၣ် တၢ်အဝဲန့ၣ်တဖၣ် </p>	<p> di leh hsee ah leh hsee yee leh hsee yee leh ta a weh ee ta a weh nay ta a weh ee ta hpa ta a weh nay ta hpa </p>	<p> How How many How long How far This That These Those </p>
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<p> နဘၣ်သးမ့ၤလီၤ. နတဘၣ်သးမ့ၤဘၣ်. နဘၣ်သးမ့ၤစ့ၢ်ခါ. </p>	<p> na bah tha may law na ta bah tha may bah na bah tha may say ahh? </p>	<p> You like rice. You don't like rice. Do you like rice? </p>
<p> ကိၤလၢဝါအိၣ်ညၣ်အုၣ်ထံလီၤ. ကိၤလၢဝါတအိၣ်ညၣ်အုၣ်ထံဘၣ်. ကိၤလၢဝါအိၣ်ညၣ်အုၣ်ထံစ့ၢ်ခါ. </p>	<p> gol-la-wah aw nya-u-htee law gol-la-wah ta aw nya-u-htee bah gol-la-wah aw nya-u-htee say ahh? </p>	<p> The foreigner eats fish paste. The foreigner doesn't eat fish paste. Does the foreigner eat fish paste? </p>